



AEGIR EXPEDITIONS, LLC * 1828 ASBURY AVENUE * EVANSTON, IL 60201 * 707-728-5845 * INFO@AEGIREXPEDITIONS.COM

To apply for a crew spot on an Aegir Weekend Expedition, you'll need to complete and sign the following application and forms:

- Expedition Application
- Medical Questionnaire
- Waiver of Liability
- Expedition Terms and Conditions

In addition, you will also need to include:

- A photocopy of your valid Drivers License or State ID Card
- A recent photograph of yourself
- Payment of the expedition application deposit

If you have any questions please feel free to contact us.

Aegir Expeditions

APPLICATION FOR AEGIR OFFSHORE SAILING EXPEDITIONS

Personal

First Name _____ Middle _____ Last _____

Address _____ City _____ State/Prov _____ Zip _____

Cell (_____) _____ E-mail _____

Date of Birth _____ Age _____ Sex _____ Height _____ Weight _____

Marital Status _____ Nationality _____ Passport No _____

Occupation _____ Position _____ Employer _____

Describe your work responsibilities _____

Expedition & Sailing Experience

Expedition Choice _____

List your reasons for applying including learning objectives _____

Please list any sailing instruction, experience, and/or certifications you have (use an additional page if needed)

How many years have you been sailing _____ How many days do you sail a year _____

Do you presently own a boat? _____ If so, what type? _____

Have you ever chartered a sailboat? _____ Bareboat or with a skipper? _____

Physical Ability

Passage making can be physically demanding. Describe your regular physical activities/sports; frequency, and duration. If you don't regularly exercise, please describe your personal fitness commitment for this expedition.

What skills do you have that could prove useful aboard? (Culinary, medical, mechanical, etc.) _____

How would you rate your cooking skills? Excellent Average Poor Non-existent

What are your food likes and dislikes? _____

Describe any food allergies and/or special dietary requirements _____

Do you smoke? _____

Have you been convicted of a felony? ___ A misdemeanor involving any allegation of violence/sexual assault? ___

If so please explain _____

Your ability to swim in open water is crucial to your survival in the event of an overboard occurrence. By signing this document, I hereby acknowledge that I can comfortably swim:

- at least 50 yards in moderate open ocean water. Yes No Initials _____
- can tread water for a minimum of 15 minutes in moderate open water. Yes No Initials _____

I certify that the information provided in the Application is true and correct.

SIGNED this _____ day of _____, 20____. _____ Applicant's Signature

MEDICAL QUESTIONNAIRE FOR AEGIR OFFSHORE SAILING EXPEDITIONS

First Name _____ Middle _____ Last _____

Address _____ City _____ State/Prov _____ Zip _____

Cell (_____) _____ E-mail _____

Date of Birth _____ Age _____ Sex _____ Height _____ Weight _____

In case of emergency, notify _____ Relationship _____

Cell (_____) _____ E-mail _____

MEDICAL HISTORY: Please explain all YES answers in detail, using an additional page if needed.

Do you have any existing medical conditions or problems? _____ If so, please describe _____

Have you been hospitalized in the past 5 years? _____ If so, please explain _____

Do you take any medication regularly? _____ If so, what type and for what condition(s) _____

What is your eyesight; uncorrected _____ corrected _____ How is your night vision? _____

Have you experienced seasickness? _____ What's the most uncomfortable sea conditions you've encountered?

Have you used prescription seasickness medications? _____ If so, what type(s)? _____

Have you suffered any gastrointestinal disturbances including colitis, IBS, ulcers or stomach problems? _____

If so, please describe. _____

Have you received counseling or medication for depression or any other psychological challenges? _____

If so, please describe. _____

Do you have any allergies, including allergic reaction to any drugs? _____ Which drugs and to what effect?

Do you have, or have you ever been diagnosed as having: diabetes, epilepsy, high blood pressure, high cholesterol, cardiovascular disease, migraines, asthma or lung disease, any significant back, knee, foot or leg problems, or any other diseases or conditions? _____ If so, please explain. _____

Name of your physician _____

Address _____

Phone (_____) _____ E-mail _____

I certify that the information provided in the Medical Questionnaire is true and correct. I authorize Aegir Expeditions to use and disclose the protected health information described above solely for the purpose of providing medical assistance during the period of the expedition.

SIGNED this _____ day of _____, 20____. _____ Applicant's Signature

AEGIR EXPEDITION RELEASE OF LIABILITY, WAIVER OF CLAIMS, HOLD HARMLESS AGREEMENT AND EXPRESS ASSUMPTION OF RISK

Recitals

FOR AND IN CONSIDERATION OF the educational experience and sailing opportunities afforded to me by Aegir Expeditions, and other good and valuable consideration, I _____, on my behalf and on behalf of my estate, heirs, survivors, executors, or assigns (hereafter Releasors) do hereby enter into this Release of Liability, Waiver of Claims, Hold Harmless Agreement and Express Assumption of Risk. I expressly acknowledge that THIS IS A LEGAL DOCUMENT, the purpose of which is to waive and relinquish any and all rights I may have, or my heirs and survivors may have, to bring claims or causes of action of any nature against Aegir Expeditions, Paul Uhl personally, their reservation/booking agent, and their officials, officers, agents and employees (hereafter "Releasees") for any injury, losses, damages, accidents, illnesses or death related in any manner or in any way growing out of the use, operation and seaworthiness of the yacht, the application process, travel to and from the yacht, use of any third-party dock or marine facility utilized by the yacht, or any loss, damage or injury sustained while ashore at any location during the expeditions. This Agreement is binding upon my heirs, legal representatives and assigns.

Waiver and Release

Releasors hereby waive and relinquish any rights they may have, and by these presents do for myself, my heirs, executors, administrators and assigns, RELEASE AND ACQUIT Releasees, and their officials, officers, agents, employees, successors and assigns, from any and all causes of action, claims or demands for damages, attorney's fees, costs, terms, loss of use, loss of services, expenses, compensation, consequential damage or any other thing whatsoever on account of or in any manner related to the use, operation and seaworthiness of the yacht, the application process, travel to and from the yacht, use of any third-party dock or marine facility utilized by the yacht, or any loss, damage or injury sustained while ashore at any location during the expeditions. I further understand that although Aegir Expeditions may make suggestions as to air carriers and travel agents, they assume no liability for injury, losses or damage, delay, irregularity or loss of baggage relating to airline travel.

Risks Assumed

Releasor HEREBY ACKNOWLEDGES that the sport of sailing carries with it inherent risks which may result in serious personal injury or death. I further understand that during the expedition in which I will be participating, certain risks and dangers may arise, including but not limited to, the hazards of traveling on the open sea, falling overboard, storms, high winds, collision of vessels, shipwreck, travel ashore in remote terrain, the forces of nature, and accident or illness in remote regions without means of rapid evacuation or medical facilities. I am also aware and clearly understand that Releasees will have no liability regarding the availability, adequacy or provision of medical care that may be rendered. I hereby assume any and all risks associated with my participation in the Aegir Expedition and expressly waive and forego any rights to bring claims or causes of action for any damages, losses or injuries resulting from negligence, acts of omission of Releasees, or unseaworthiness of the vessel, or other acts, however caused.

Indemnity

In consideration of the matters stated above I, and by these presents on behalf of myself and of my estate, do hereby agree to hold harmless and defend the Releasees and their officials, officers, agents and employees from any claims or causes of action brought by any person or entity that may be asserted for injuries, losses or

damages, contribution, subrogation claims, and/or lien claims, arising out of or related to my participation in Aegir Expedition resulting from negligence, acts or omissions of the Releasees, or unseaworthiness of the vessel, or other acts, however caused, whether such claims be based on contract, tort, or any other theory of law.

Releasors agree this Release Of Liability, Waiver of Claims, Hold Harmless Agreement and Express Assumption of Risk shall be deemed to have been entered into at Chicago, Cook County, State of Illinois, and shall be construed and interpreted according to the laws of the State of Illinois, and further agree that any claims or disputes between the parties shall be brought exclusively before the courts of Cook County, Washington. In this regard, Releasors hereby waive any challenges or objections to venue or jurisdiction of the Illinois State courts and by this document do hereby submit to the jurisdiction of the Illinois courts.

I have carefully and fully read this document and understand its terms. I execute it voluntarily and with full knowledge of its significance. No promise or inducement which is not herein expressed has been make to me, and in executing this document I do not rely upon any statement or representation make by any person, firm or corporation hereby released or any agent, or any other person representing the, or any of them

SIGNED this _____ day of _____, 20____. _____ Applicant's Signature

AEGIR OFFSHORE SAILING WEEKEND EXPEDITIONS TERMS, CONDITIONS, AND ARTICLES

Payments

- Your deposit will hold your crew spot for the expedition selected.
- The balance is due 30 days prior to the expedition departure date.
- Deposits can be made by credit card, or we can hold the credit card number for 7 days to allow you to mail a check.

Cancellation Policy and Change Fees

- Cancellations made 30 days or more of an expedition departure date will result in a \$200 cancellation fee.
- Cancellations made less than 30 days of an expedition departure date will result in the loss of the deposit. However, if we are able to rebook your spot, your payment(s) will be returned minus a \$200 rebooking fee.
- Cancellations made with less than 15 days notice will not be eligible for a refund.
- If Aegir Expeditions cancels your expedition for non-weather related conditions, your payment will be refunded, or you may choose to reschedule your expedition based on availability, with no additional fees.

Weather Policy

- Aegir Expeditions will decide if an expedition will be delayed due to current conditions and/or approaching weather systems using the current and predictive radar, marine forecasts, and actual observations for the intended area of the expedition. Expeditions can be delayed but are not canceled due to weather as we do sail in all types of weather, sometimes severe. However, we will not begin an expedition during an electrical storm or if we believe that approaching conditions will be severe.
- If we are delayed by conditions we expect you to come aboard while we determine when conditions will clear for our departure. If you do not show or arrive late, this will be considered a no-show and you will not be eligible for a refund.
- Aegir Expeditions reserves the right to delay or cancel any expedition. If Aegir Expeditions cancels your expedition (not if you cancel or are a no-show), your deposit will be refunded and there is no future obligation.

Additional Considerations

In consideration of my acceptance and participation in an Aegir Expedition voyage, I acknowledge receipt, understanding, and agreement to abide by the following:

1. I understand that Aegir Expeditions is not a crewed charter boat where the focus is on luxury and pampering. Instead, these are working sail-training expeditions designed to give me an accurate and realistic view of passage making so I can assess whether I'd like to undertake ocean voyaging on my own in the future.
2. I understand and expect to encounter heavy weather, uncomfortable and possibly frightening conditions, seasickness, sleep deprivation, seasickness, constant motion and strenuous physical activity.
3. In the unlikely event Aegir Expeditions is unable to depart within 24 hours of the scheduled departure time of the expedition, Aegir Expeditions shall refund all monies received to date for that specific expedition.
4. Aegir Expeditions does their best to run a happy ship, being pleasant and fair about dividing watches and duties, and will attempt to make the expedition interesting for all expedition members by organizing shore expeditions, hikes, adventures, snorkeling, kayaking, etc. when feasible.
5. I understand that the safety of the vessel and crew is of utmost importance and is a shared responsibility. To this end, I agree to:
 - a. Be attentive during the safety orientation upon my arrival, paying close attention to safety procedures explained, realizing that in an emergency all crew members must work together as a team.
 - b. Abide by safety rules during the expedition, including wearing a safety harness whenever I am on deck, regardless of sea conditions.

- c. While the drinking or bringing alcoholic beverages aboard is allowed, we find that overindulgence compromises the safety and learning aboard. I agree to a two-drink per day limit and understand that if my behavior in any way compromises the safety of the vessel I will be immediately signed off the vessel and put ashore.
 - d. Not to bring aboard or consume any drugs considered illegal in the U.S. or any country visited. I agree to "Zero Tolerance" to illegal drugs aboard or ashore during the expedition.
 - e. Be on deck ten minutes before the change of watch, no matter how I feel. I realize the importance of watch standing and hand steering being equally shared among participants and agree to do more than my share.
7. I understand there is a daily rotating ship's duty roster and every day I will be assigned one or more of the following tasks: navigation, food prep and galley clean-up, head cleaning, rigging survey, cleaning of interior, cockpit, and dinghy.
 8. I understand that when at anchor or in port there may be a revolving watch in which one person remains aboard or awake, responsible for the safety of the vessel and personal gear, and to ensure the mooring lines are secure and that the anchors are not dragging.
 9. I understand it is not possible to fix different meals for each person and I agree to eat what the cook serves. I understand the food will be nutritious, interesting and as varied as possible.
 10. I understand that smoking is expressly prohibited below decks on all boats and must be confined to the exterior aft cockpit area.
 11. I agree to be responsible for my personal belongings and hygiene. I will respect each expedition member's berth as being their own space and realize that we will be living in close quarters and that cooperation and consideration is key to a successful expedition.
 12. Swimming is at your own risk. The captain reserves the right to not allow swimming based on conditions and the situation. Should you decide to go swimming, you acknowledge that you assume all risks.
 13. I understand that negativity is a demoralizing and potentially dangerous behavior at sea and will attempt to be as helpful and positive as possible, especially in difficult conditions.
 14. I understand that if I choose to leave the expedition early for any reason, no refund will be made.
 15. I understand that if, in the judgment of the ship's captain or his designee, I exhibit socially unacceptable or offensive behavior or am uncooperative to the general detriment of the spirit of the expedition, I will be repatriated to my home city at my expense from the first port possible. If I am repatriated for infringing on the rules of the Ship's Articles I expressly agree I will make no claims, nor seek redress for any injuries, losses or damages of any nature connected in any manner to my departure from the ship and repatriation.
 16. I understand that all expedition members will be signed on as crew, not passengers, and will be processed as crew in each country visited. I further understand that I am not an employee or agent of Aegir Expeditions and will receive no compensation for work performed.
 17. I understand and agree that the ship is under the command of Capt. Paul Uhl or his designee. I hereby agree to obey and carry out all necessary and reasonable orders relating to the safety of the vessel and crew.

The expedition starting and ending dates specified are firm; however, proposed itineraries are subject to change. Weather patterns and actual conditions may vary from the average, and circumstances including wind and sea conditions may dictate a different route or possibly eliminating some stops from our itinerary. Safety of the vessel and crew is our paramount concern.

PRINTED NAME

SIGNATURE

DATE